

## 1. S+B Sugar Paste Firm

(\$35; <u>sugaredandbronzed.com</u>) Sugaring tends to be less painful than waxing because the mixture sticks only to the hair, not the skin. Heat this mixture of sugar, lemon, and water for 10 to 15 seconds until it's a sticky consistency, and work it into a ball with your fingertips. Smooth it onto skin, then "flick" it off. (Sugared + Bronzed has great videos for reference!)

## 2. Completely Bare Don't Grow Glow

(\$17; completelybare.com) This genius multitasking lotion delivers smooth skin *and* a gradual sunless tan, all in one. Potent plant extracts help to slow hair regrowth and make the hairs that do grow back finer in texture, while shea butter and willow bark smooth and soothe. Use daily for best results.

### 3. Fur Ingrown Eliminator Serum

(\$36; <u>furyou.com</u>) Whether you wax, shave, thread, or sugar, there's always a risk of ingrowns. This powerful yet soothing serum taps acids and aloe to nix bumps, leaving skin soft and ingrown-free. Apply liberally on flare-ups as needed.

## 4. Perricone MD Hypoallergenic CBD Sensitive Skin Therapy Ultra-Smooth Clean Shave Cream

(\$29; perriconemd.com) If your skin tends to get irritated from shaving, this ultrarich cream is for you. It was formulated specifically for reactive skin and uses moisturizing cannabidiol, which prevents razor burn and also creates a slick surface for a close, comfortable shave.

#### 5. SmoothSkin Pure Fit IPL Hair Removal Device

(\$379; <u>us.currentbody.com</u>) Laser hair removal gives long-lasting results with multiple treatments, but squeezing in all those (pricey) appointments can be hard. This at-home device is an effective and safe alternative. It's still a splurge, but it's a fraction of the price of in-office laser treatments, and it can be used on different areas of your body. Use once a week for 12 weeks, then follow with monthly touchups.

## 6. Nair Wax Ready-Strips for Sensitive Skin

(\$10; <u>walgreens.com</u>) Couldn't make your waxing appointment? Don't sweat it! These strips don't require any heat, so you can do a DIY wax no matter where you are—just press and peel. The formula is also infused with chamomile, which is known for its skin-calming properties.

## 7. European Wax Center Slow Aloe Deodorant

(\$16; waxcenter.com) This deodorant keeps you smelling fresh for up to 24 hours, but the real wow factor comes from its hair-minimizing powers. With daily use, you'll notice there's less and less hair to remove thanks to narcissus bulb extract, a naturally derived hair growth inhibitor.

## 8. Real Techniques Face + Brow Razors

(\$9; target.com) Want to get rid of peach fuzz on your face or stray hairs on your chin? These handy blades are here to de-fuzz. Use the longer end for larger areas like the cheeks and the smaller for cleaning up around your arches. Skin will feel smoother and look more sculpted, skin-care products will penetrate better, and makeup will go on flawlessly.

# What's New In-Office

An innovative device is making laser hair removal even more effective (with less of an ouch factor!), according to Christian Karavolas, founder of Romeo & Juliette Laser Hair Removal in New York City. The Lutronic Clarity II is so powerful and fast it's able to shorten the duration of each session. It can also be used on light and dark skin tones, and even has the rare ability to target less pigmented hair, such as dirty blond. There's a built-in temperature sensor to make the treatment less painful, and the device uses cryogen (cooling air) to counteract the "rubber band snap" feeling that comes with laser hair removal. Pricing per session: chin, \$85; upper lip, \$85; full bikini, \$385; underarms, \$225; full legs, \$800. (Six sessions are typically required, six to eight weeks apart.)